



CAPACITY BUILDING PROGRAM



**A SPECIALIZED COURSE FOR PHYSICAL EDUCATION TEACHERS
BY INTERNATIONAL SPORTS SCHOOL FEDRATION (ISF)**

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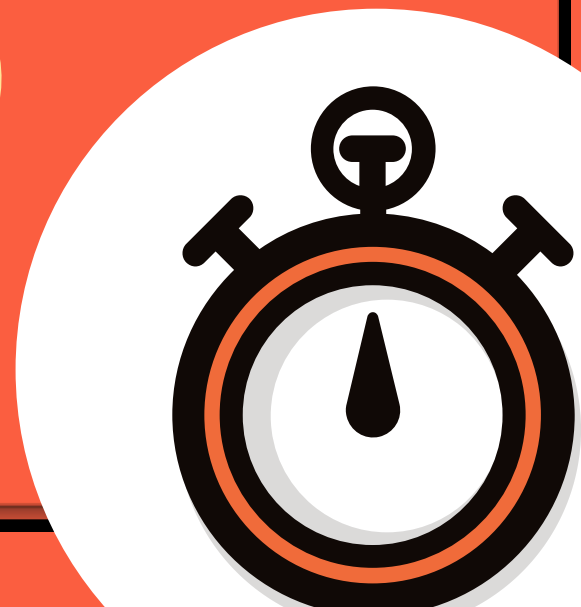


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ABOUT SATNS FOUNDATION

SATNS (SPECIAL ASSISTANCE FOR TALENT HUNT AND NEEDFUL SPORTS PERSON) FOUNDATION IS IN PURSUANT TO SUB-SECTION (2) OF SECTION 7 AND SUB-SECTION (1) OF SECTION 8 OF THE COMPANIES ACT, 2013 (18 OF 2013) AND RULE 18 OF THE COMPANIES (INCORPORATION) RULES, 2014

WELCOME TO SATNS FOUNDATION, WHERE COMPASSION MEETS ACTION AND COLLECTIVE EFFORTS PAVE THE WAY FOR POSITIVE CHANGE. AT SATNS, WE BELIEVE IN THE TRANSFORMATIVE POWER OF LOVE, EMPATHY, AND A SHARED DUTY TOWARDS SOCIETY. OUR FOUNDATION IS NOT JUST AN ORGANIZATION; IT'S A COMMUNITY UNITED BY THE VISION OF A BRIGHTER, HEALTHIER, AND MORE COMPASSIONATE WORLD.

MISSION

SATNS FOUNDATION IS DEDICATED TO UPLIFTING LIVES, FOSTERING HOLISTIC WELL-BEING, AND MAKING A MEANINGFUL IMPACT ON SOCIETY. OUR MISSION EXTENDS ACROSS DIVERSE PROJECTS, EACH DESIGNED TO ADDRESS UNIQUE NEEDS AND CREATE POSITIVE CHANGE AT BOTH LOCAL AND GLOBAL LEVELS.



ABOUT SATNS FOUNDATION AND ISFA

Our collaboration with the International School Sport Federation Academy (ISFA) represents a pivotal step towards enhancing sports education in India. ISFA, as the educational arm of the esteemed International School Sport Federation, brings a wealth of experience and a global network of educators to the table. Through this partnership, we aim to empower Physical Education (PE) teachers with the tools, knowledge, and resources needed to deliver exceptional instruction.

The partnership with ISFA facilitates the development of a comprehensive capacity-building programme tailored specifically for PE teachers in India. This programme encompasses a series of both online and onsite training sessions, covering essential topics such as student engagement, teaching methodologies, skill development, and physical literacy. By leveraging ISFA's expertise and resources, we ensure that our PE teachers receive world-class training that is relevant, dynamic, and impactful. Furthermore, our collaboration with ISFA opens doors to international opportunities for our PE teachers. ISFA's affiliation with the International School Sport Federation provides access to global events, conferences, and exchange programmes, enabling our educators to immerse themselves in innovative teaching practices and cultural experiences from around the world. This cross-cultural exchange enriches the professional development of our PE teachers and broadens their perspectives, ultimately benefiting the students they teach.

In essence, our partnership with ISFA signifies a shared commitment to excellence and innovation in sports education. Together, we are dedicated to empowering PE teachers, inspiring students, and shaping the future of sports education in India. Through collaboration and mutual support, we strive to create a learning environment where every student has the opportunity to thrive and succeed.



OUR OBJECTIVE



Our collaborative programme, developed in partnership with ISFA and the SATNS Foundation, offers a comprehensive blend of online and onsite training sessions led by expert trainers. Covering essential topics such as student engagement, teaching methodologies, skill development, and physical literacy, these sessions provide PE teachers in Haryana with invaluable insights and tools to enhance their teaching practices.

This programme ensures a flexible yet rigorous learning experience tailored to the diverse needs of PE teachers. Participation in the programme is mandatory for all PE teachers in India, highlighting our commitment to standardization and skill enhancement.

By making attendance compulsory, we ensure that every PE teacher has the opportunity to benefit from this transformative learning experience, contributing to the overall improvement of physical education standards across the country. Our programme represents a collaborative effort to empower PE teachers with the knowledge and resources they need to promote physical literacy, student engagement, and overall well-being in schools across Haryana.

PROGRAMME DETAILS:

- The programme will comprise 3 phase online training sessions conducted by expert trainers from ISFA.
- Topics covered will include student engagement, teaching methodologies, skill development, and physical literacy.
- The duration of the programme will span over 3-4 days in each phase.

COURSE CONTENT FOR PHASE 1:

The content of the phase 1 for PE teachers in India is carefully curated to provide comprehensive training in various aspects of physical education instruction. Key topics covered include:

1. Student Engagement: Strategies for creating dynamic and engaging learning environments to foster active participation and interest among students.
2. Teaching Methodologies: Exploration of innovative teaching approaches and methodologies tailored to enhance the delivery of PE lessons and promote effective learning outcomes.
3. Skill Development: Techniques for facilitating the development of fundamental motor skills, coordination, and physical fitness among students through structured lesson plans and activities.
4. Physical Literacy: Understanding the concept of physical literacy and its importance in promoting lifelong engagement in physical activity and healthy lifestyles.

Through a combination of theoretical knowledge and practical applications, the programme equips PE teachers with the necessary tools, insights, and resources to deliver engaging and effective physical education lessons. The content is designed to be relevant, dynamic, and adaptable to the diverse needs of educators, ensuring that participants gain valuable skills and knowledge to elevate the standard of PE instruction in schools across India. This will include an exam on completion.

COURSE CONTENT FOR PHASE 2:

- explore new frontiers: delve deeper into sports-specific training.
- embrace innovation: discover the latest technologies and practices.
- qualifying exam: test your proficiency for certification.

COURSE CONTENT FOR PHASE 3:

- reach new heights: prepare for opportunities on the global stage.
- global recognition: become certified to coach or referee internationally.
- career advancement: open doors to exciting career opportunities worldwide.

BENEFITS:

- Equips PE teachers with essential skills and knowledge to deliver engaging and effective PE lessons, thereby improving student outcomes and overall well-being.
- Enhances the quality of physical education in schools, fostering a positive learning environment conducive to student growth and development.
- Promotes a lifelong love for physical activity among students, encouraging a healthy and active lifestyle from an early age.

COST:

As a non-profit organization, the SATNS Foundation requires a contribution of Rs. 999 per head to facilitate the comprehensive capacity-building programme phase 1 for PE teachers in India. We strive to ensure affordability and accessibility, keeping the fee minimal to accommodate all participants. Your contribution supports the sustainability of the programme, enabling us to provide high-quality training and resources. Together, we can empower PE teachers to enhance physical education standards across Haryana.

CONCLUSION:

We firmly believe that implementing this programme will have a profound and positive impact on the sports education landscape in India. By ensuring that PE teachers are equipped with the necessary tools and insights, we can create a conducive environment for student learning and development, ultimately leading to a brighter future for our youth.



**SATNS
FOUNDATION**

GET INVOLVED

JOIN US IN SHAPING THE FUTURE OF PHYSICAL EDUCATION IN INDIA. YOUR SUPPORT AND PARTICIPATION ARE ESSENTIAL IN CREATING A VIBRANT COMMUNITY OF EDUCATORS DEDICATED TO PROMOTING STUDENT WELL-BEING AND LIFELONG HEALTH THROUGH QUALITY PHYSICAL EDUCATION. TOGETHER, LET'S MAKE A DIFFERENCE!



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